



In the past six months, has your loved one been to the emergency room more than once for:

- ☐ Pain
- ☐ Nausea or vomiting
- ☐ Agitation
- ☐ Weakness or falls
- ☐ Shortness of breath
- ☐ Unexpected weight loss
- ☐ Leg swelling or fluid overload

- ☒ Do they have a serious or chronic illness that is interfering with their independence or everyday tasks and activities?
- ☒ Do they want to remain at home instead of going into a facility?
- ☒ Do you need help providing care for them in the home?

If you answered yes to any of these questions, it's time to discuss advance care options with a medical professional.